

**Report**  
**National CME on foot and ankle disorders and saw bone workshop**  
**10-07-2016**  
**All India Institute of Medical Sciences Raipur CG**

**Under the aegis of**  
**Medical Council of India**  
**Indian Council of medical Research**  
**Chhattisgarh Orthopaedic Association**  
**Raipur Orthopaedic Society**

National CME on Foot and Ankel disorders and Saw bone workshop organized on 10<sup>th</sup> July 2016 by department of Orthopaedics AIIMS Raipur (C.G.).

The main emphasis in this training was on Pilon fractures, Talus fractures, Calcaneal factures, subtaler fusion and Hallux valgus and Cancer of foot and ankle.

The course was attended by more than 120 surgeon from various part of C.G. including Raipur, Bilaspur, Korba, Rajnandgaon, Dhamtari, Ambikapur, Champa, Bhilai, Durg, Raigarh.

A practical training was also given on bone models to all orthopedic surgeon on all above disorders so that they get well acquainted with the surgical steps and instrumentation.

On the occasion of this training Prof. Dr. Alock Chandra Agrawal, HOD Deptt. of Orthopaedics, AIIMS Raipur informed that there are lot of patients with foot and ankle disorders which denied treatment by orthopedic surgeons in view of excessive complication like flap necrosis, deformity and painful foot.

Following this training the orthopaedic surgeons will become more competent in treating these disorders.

The National faculty for this course included Dr. Balwinder Rana, President Indian foot and ankle society, New Delhi, Dr. Vivek

Trikha, Apex Trauma Center AIIMS New Delhi, Prof. Ravi Mittal AIIMS New Delhi, Prof. Ravi Gupta Chandigarh. Prof. Dr. Alok Chandra Agrawal AIIMS Raipur and Dr. Shishir Rastogi New Delhi, Prof. Subeer Mukharjee from Raipur , Prof. Dr. Satyendra Phuljhele MEKAHARA, Prof. R.C. Meena from Jaipur and Dr. Vinod Tiwari Bilaspur also presented their work on foot and ankle trauma.

Prof. Rajbahadur, Vice Chancellor, Baba Farid University, Faridkot Punjab was the Chief Guest for CME who in his key note address describe the evaluation of human foot over past 1000 years from shins of fish and discussed the trends of evaluation towards four toed foot.

Guest to honour Dr. Arun T. Dabke, Ex-Vice Chancellor Ayush University Raipur showed his concerns towards the problems of feet in sickle cell patients who are common in this geographical belts.

During inauguration in his welcome address, Director AIIMS Raipur, Prof. (Dr.) Nitin M. Nagarkar informed the house that the department of the orthopaedic, AIIMS Raipur is now capable of treating all orthopaedics element the department of orthopaedics runs a club foot clinics for children on Tuesday and soon a post graduate courses will be starting in some clinical departments including orthopaedics.

The other dignitaries present on this occasion included Dr. S.P. Dhaneriya, Dean, Dr. P.K. Neema, Medical Superintendent, Dr. K.D. Chavali, Sub Dean, Dr. Harshal Sakle, Assistant Professor department of orthopaedics.

Dr. Ajay Sahay President C.G. IMA, Dr. S. Rajimwale Registrar C.G. M.C. who made a mark in the arrangement and conduction of training.

### PROGRAMME SCHEDULE

**National CME on Foot and Ankle Disorders and Saw bones workshop  
10<sup>th</sup> July 2016, Sunday  
All India Institute of Medical Sciences, Raipur CG**

8.00 am Registration and Breakfast

**SESSION 1: Pilon Fractures (900 am-1030am)**

**Chairpersons: Prof. Dr. K Sudarshan, Dr. Shrikant Rajimwale, Dr. Ajay Mohan Sahay**

900 am Fracture Anatomy and treatment algorithm : Dr. VivekTrikha, New Delhi

908 am MIPO: When and How : Dr. BalvinderRana, New Delhi

916 am Open Surgical approaches and which one to choose:Dr. BalvinderRana, New Delhi

925 am Demo Video of MIPO on saw bones

**935 am DISCUSSION**

**945am -1030 am HANDS ON SAW BONES / MIPO Pilon**

**SESSION 2: Talus neck Fractures (1030 am-1200 pm)**

**Chairpersons: DR. Kedar Agrawal, Dr. D K Shrivastava, Dr. Rajesh Dulhani**

1030 am Anatomy, approach and treatment options: Dr. VivekTrikha, New Delhi

1040 am Avoid pitfalls: How to improve outcome: Dr. Balvinder Rana, New Delhi

1050 am Demo video of Talus neck fracture fixation

**1100 am DISCUSSION**

**1110-1130am TEA BREAK**

**1130 am-1200 pm HANDS ON SAW BONES / TALUS NECK FIXATION**

**SESSION 3: (1205 pm-130 pm)**

**Chairpersons: Prof. Dr. Nitin M Nagarkae, Dr. A T Dabke, Dr. Prakash Bhalerao, Dr. Rajbahadur**

**Inauguration and Guest Lectures**

**Chief Guest: Prof. Dr. Raj Bahadur, Vice Chancellor, Baba Farid University of Health Sciences, Faridkot, Punjab**

1. Ankle Arthroscopy: Dr. Ravi Gupta, Chandigarh
2. Tumours around the foot and ankle: Dr. Shishir Rastogi
3. Sesamoid Fractures: Dr. Subeer Mukherjee
4. Dr. S. Phuljhele : Case based Discussion
5. Dr. VinodTiwari: Case Based Discussion
6. Dr. R C Meena: Calcaneum Fractures

130 pm-2 pm

LUNCH

**SESSION 4: Calcaneal Fractures(200 pm-320 pm)**

**Chairpersons: Dr Rajendra Sahu, Dr. K S Bajpeyi, DR. P K Neema**

- 200 pm Pathoanatomy and Classification:Dr. VivekTrikha, New Delhi
- 208 pm Extended Lateral or Sinus Tarsi approach: How to choose and technique tips Dr. Balvinder Rana, New Delhi
- 216 pm Video of ORIF by Extensile Lateral approach: Dr. Vivek Trikha, New Delhi
- 225 pm Demo Video on saw bones ORIF Calcaneus

240-250 pm QUESTIONS

250 pm – 330 pm HANDS ON SAW BONES ORIF Calcaneus

330 PM TEA BREAK

**SESSION 5: Hallux Valgus (Video session) (3.45 pm-4.45 pm)**

**Chairpersons: Prof. Dr. Alok C Agrawal, Dr. Harshal Sakale, Dr. Sushil Sharma**

- 450 pm Hallux Valgus: Distal soft tissue procedure (Medial plication and lateral release) Prof. Dr. Alok C Agrawal, AIIMS Raipur CG
- 500 pm Hallux Valgus: Scarf Osteotomy Dr. Balvinder Rana, New Delhi
- 505 pm Lateral Ankle Instability: Reconstruction with Brostrom procedure Dr. Ravi Mittal, New Delhi

**SESSION 6: Subtalarfusion (4.45 pm-5.15 pm)**

**Chairpersons: DR. Arun Madharia, Dr. K M Kamble, Dr. Anil Verma**

- 345 pm Indications and technique tips: Dr. Ravi Mittal, New Delhi
- 350 pm Video Subtalar fusion Dr. Balvinder Rana, New Delhi
- 355 pm Demonstration on saw bones

410 pm QUESTIONS

**List of Participants****FACULTY**

|    |                     |   |
|----|---------------------|---|
| 1  | Alok C. Agrawal     | Course director and faculty and chairperson |
| 2  | DR Raj BAHADUR      | Faculty                                     |
| 3  | Dr R.C.Meena        | Faculty                                     |
| 4  | Dr Balwinder Rana   | Faculty                                     |
| 5  | Dr Vivek Trikha     | Faculty                                     |
| 6  | Dr Ravi Mittal      | Faculty                                     |
| 7  | Dr Subeer Mukherjee | Faculty                                     |
| 8  | Dr Shishir Rastogi  | Faculty                                     |
| 9  | Dr S Phulzele       | Faculty                                     |
| 10 | Dr vinod Tiwari     | Faculty                                     |

**CHAIRPERSON**

|     |                    |             |
|-----|--------------------|-------------|
| 1   | Ajay Sahay         | chairperson |
| 2   | Nitin M. Nagarkar  | chairperson |
| 3   | A.T. Dabke         | chairperson |
| 4   | Rajendra Sahu      | chairperson |
| 5   | Praveen Neema      | chairperson |
| 6   | K. Sudarshan       | chairperson |
| 7   | Kedar Agrawal      | Chairperson |
| 8   | Shusheel sharma    | Chairperson |
| 9   | Rajesh Dulani      | chairperson |
| 10  | Prakash Bhalerao   | Chairperson |
| 11  | Arun Madharia      | Chairperson |
| 12  | K.S Bajpai         | Chairperson |
| 13  | K.M. Kamble        | Chairperson |
| 14  | Harshal Sakale     | chairperson |
| 15  | Shrikant Rajimwale | Chairperson |
| 16  | D. K. Shrivastava  | Chairperson |
| 17  | Anil Verms         | Chairperson |
| 18  | Dr. Raj Bahadur    | Chairperson |
| 19. | Dr. Alok C Agrawal | Chairperson |

**DELEGATES**

|    |                     |          |
|----|---------------------|----------|
| 1  | B.L. Chandrakar     | Delegate |
| 2  | P.K. Gupta          | Delegate |
| 3  | Saurabh Shrivastava | Delegate |
| 4  | Virendra Jha        | Delegate |
| 5  | Lunik Yadu          | Delegate |
| 6  | Rajat Banchor       | Delegate |
| 7  | Prakash Agrawal     | Delegate |
| 8  | Ankit Desai         | Delegate |
| 9  | Rakesh Thakkar      | Delegate |
| 10 | Arpit Agrawal       | Delegate |
| 11 | Gopendra Dixit      | Delegate |
| 12 | Sanjay Jain         | Delegate |
| 13 | Ganesh Aage         | Delegate |

|    |                    |          |
|----|--------------------|----------|
| 14 | Shreesh Bhaskarwar | Delegate |
| 15 | Prakash Gupta'     | Delegate |
| 16 | j. roy choudhary   | Delegate |
| 17 | D.K. Shrivastava   | Delegate |
| 18 | P.K Patel          | Delegate |
| 19 | Praveen Agrawal    | Delegate |
| 20 | S. Mohanty         | Delegate |
| 21 | Rohit mishra       | Delegate |
| 22 | Iqbal Parvez       | Delegate |
| 23 | Anil verma         | Delegate |
| 24 | Rajesh Sadani      | Delegate |
| 25 | Anil Mahakalkar    | Delegate |
| 26 | Suman Nag          | Delegate |
| 27 | Santosh Sahu       | Delegate |
| 28 | pankaj dhabaliya   | Delegate |
| 29 | Lalit Jain         | Delegate |
| 30 | Nikhil             | Delegate |
| 31 | Anand Ranjan Dev   | Delegate |
| 32 | Robin Jindal       | Delegate |
| 33 | Ravi Vats          | Delegate |
| 34 | Divya Madharia     | Delegate |
| 35 | Vipul Prashant     | Delegate |
| 36 | Vikas Agrawal      | Delegate |
| 37 | Amit Agrawal       | Delegate |
| 38 | Jagdish Uraiya     | Delegate |
| 39 | Deepak Ghrithlehre | Delegate |
| 40 | Rohit Bajpai       | Delegate |
| 41 | Chandan Singh      | Delegate |
| 42 | V Shiva Reddy      | Delegate |
| 43 | M. R. Deshpand     | Delegate |
| 44 | Satish Wasnik      | Delegate |
| 45 | Jayvardhan Singh   | Delegate |
| 46 | Kumar Vishal       | Delegate |
| 47 | N. Satish Kumar    | Delegate |
| 48 | KD Tiwari          | Delegate |
| 49 | Mumtaz Ali         | Delegate |
| 50 | A.R. Benn          | Delegate |
| 51 | Gaurav Sharma      | Delegate |
| 52 | Pankaj Patel       | Delegate |
| 53 | Abhishek Tiwari    | Delegate |
| 54 | Harjoot Singh      | Delegate |
| 55 | Vivek Pandey       | Delegate |
| 56 | M.L. Laheja        | Delegate |
| 57 | K.S. Chhabra       | Delegate |
| 58 | R.K. Gupta         | Delegate |
| 59 | B.R. Patel         | Delegate |
| 60 | Ajay Pathak        | Delegate |
| 61 | H.S. Chandel       | Delegate |
| 62 | Sumit Rajshekhar   | Delegate |
| 63 | v.S Bhaghel        | Delegate |
| 64 | M. Rajshekhar      | Delegate |
| 65 | B Yadavrao         | Delegate |
| 66 | Rajev Sakuja       | Delegate |
| 67 | Arunesh Singh      | Delegate |
| 68 | Rajesh Patel       | Delegate |

|    |                        |          |
|----|------------------------|----------|
| 69 | Shailendra Upadhaya    | Delegate |
| 70 | Tribhuvan jain         | Delegate |
| 71 | Abhishek jain          | Delegate |
| 72 | Bikas saho             | Delegate |
| 73 | Sagar Meena            | Delegate |
| 74 | Siddhant Singh Chandel | Delegate |

**There were also many medical students, physiotherapists and AIIMS Faculty who attended the course.**

**We are thankful to Prof. Dr. Nitin M Nagarkar Director AIIMS who helped us in all the arrangements and was himself present with interest during the whole course. We are thankful to Shri Neeresh Sharma Deputy Director Administration and his team who arranged our administrative needs in fraction of seconds. We are Thankful to S E Prajapati Ji for venue arrangements and who insured no power cutoffs. We are thankful to Dr. D K Sharma who provided us with a furnished Anatomy dissection hall for the course and 6 tables of saw bone workshop. We are thankful to Dr. Praveen Neema who guided us in the conduction of the course. Thanks are also to be extended to Dr Shrikant Rajimwale, Registrar Chhattisgarh Medical Council who was present during the course and also awarded MCI approved credit hours to the course.**

**Thank you.**

**Prof. Dr. Alok Chandra Agrawal**

**MS, DNB, PhD Orthopaedics, MAMS**

**Course Director**

**Head of the Department**

**Orthopaedics and**

**Physical Medicine and Rehabilitation**

**Chairman Oncology section of Indian Orthopaedic Association**

**Editor- CGIOA, CZIOA**